

The Allergy and Asthma Center, P.C.

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(406) 721-4540

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20 Four Mile Dr., Ste. 2  
Kalispell, MT 59901  
(406) 721-4540 – Scheduling Office

**WELCOME!**

We look forward to providing your care. Before your first appointment, please read and familiarize yourself with AAC's office policies below.

**PAPERWORK**

Please complete the enclosed registration and questionnaire. Please take the time to fill out these forms completely and accurately. **All paperwork must be completed PRIOR to your scheduled appointment time.** Please be aware that if your paperwork is not completed when you arrive for your appointment, you may be rescheduled. Please also bring your completed paperwork, insurance card, and any required copayment to your appointment, if applicable.

**ALLERGY TESTING**

If you are scheduled to have allergy testing completed at your appointment, **please review the medications list on the reverse of this letter and STOP medications,** as appropriate. If you have any concerns about discontinuing any of your medications, please contact our office immediately.

**APPOINTMENT**

Your appointment is scheduled for \_\_\_\_\_ at \_\_\_\_\_

in Missoula with Ruth West, PA-C.

**CANCELLATION POLICY**

Should you need to cancel your appointment, we require 24 hours notice. We understand that emergencies do occur, but habitual same day cancellations will have a \$50.00 charge assessed to your account. Please honor your appointments as best you can to avoid being charged this fee.

We look forward to meeting with you soon!

Thank you,

The Allergy and Asthma Center Staff

# **Medications Patients Must Stop Using Before Initial Visit or Skin Testing**

## **48 HOURS**

- Tagamet (cimetidine)
- Zantac (ranitidine)
- Pepcid (famotidine)
- Axid (nizatidine)
- Benedryl (diphenhydramine)
- Tylenol PM
- Phenergan (promethazine)
- Motion sickness medications
- Topical steroid creams on testing sites (back and arms)

## **ONE WEEK**

- Any over the counter antihistamine medications
- Allegra (fexofenadine)
- Zyrtec (cetirizine)
- Xyzal (levocetirizine)
- Claritin (loratadine)
- Clarinex (desloratadine)
- Alavert (loratadine)
- Atarax (hydroxyzine)
- Astelin / Astepro (azelastine) – nasal spray
- Patanase (olopatadine) – nasal spray
- Zatidor / Alaway (ketotifen) – eye drops
- Patanol / Pataday (olopatadine) – eye drops
- Optivar (azelastine) – eye drops
- Livostin (levocabastine) – eye drops
- Elestat (epinastine) – eye drops

## **TWO WEEKS**

All of these are a specific class of antidepressant, any other antidepressants are okay  
**THESE MEDICATIONS SHOULD NOT BE STOPPED UNLESS YOU CONSULT WITH YOUR DOCTOR.**

- Tofranil (imipramine)
- Anafranil (clomipramine)
- Aventyl, Pamelor (nortriptyline)
- Elavil, Endep (amitriptyline)
- Norpramin (desipramine)
- Sinequan (doxepin)
- Surmontil (trimipramine)
- Vivactil (protriptyline)
- Luvox (fluvoxamine)
- Remeron (mirtazapine)

*If you are reluctant to stop your medication we can still see you, but it may require a second visit for testing.*



**Allergy & Asthma Center, PC  
Financial Policy**

We require full payment of **expected patient responsibility** at the time of service based on your insurance coverage. If you do not have health insurance, we expect payment on the date of service. We do offer adjusted rates for "Time of Service" payments that are available to all patients, regardless of insurance coverage. This reduces our billing costs and further allows us to keep our charges as low as possible.

Unless you choose to participate in the "Time of Service" plan, we will submit charges to your insurance carrier when complete information is received. If insurance payment is delayed over 60 days, you will be expected to pay the balance. We will make all efforts to resolve issues of non-payment from your carrier. Any payments received from your insurance carrier after you have paid on your balance will be refunded to you with 14 days of receipt of overpayment.

If applicable, we will bill secondary insurance. Carrying primary and secondary policies does not alleviate all patient responsibilities: deductibles, co-pays, and patient responsibilities still apply. After receipt of insurance payments, the amount that is remaining is due in full within 14 days. We recommended reviewing all explanation of benefits received from all insurance companies.

If arrangements for payment are needed, a payment plan agreement will be completed and signed with our office staff. A confidential meeting will allow for questions and explanations of our policies. You will receive copies of all conditions agreed upon.

An insurance card must be presented at each office visit. Failure to present a card at the time of service will cause full payment due on that date.

Required referrals are the patient's responsibility. Failure to obtain referral as indicted by your insurance coverage will result in the charge to be completely the patient's responsibility and will be due at the time of service.

I have read and understand all policies listed above. I understand that I am responsible for payment in full for all charges from this office regardless of insurance coverage. I agree that insurance payments can be sent directly to The Allergy & Asthma Center, PC.

\_\_\_\_\_  
printed patient name

\_\_\_\_\_  
signature of responsible party

\_\_\_\_\_  
date

02.10.2015/mjm

THE ALLERGY AND ASTHMA CENTER, PC  
PATIENT QUESTIONNAIRE

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Ethnicity \_\_\_\_\_

Who referred you to our department? \_\_\_\_\_ Who do you see regularly? \_\_\_\_\_

**Briefly describe the reason for your allergy/asthma visit:**

**ALLERGY HISTORY: Please check the symptoms you are having**

<p><b>Nose:</b> Nasal discharge _____ Clear _____ Colored _____ Sneezing _____ Sniffing _____ Post nasal drip _____ Congestion _____ Mouth breathing _____ Nasal voice _____ Snoring _____ Polyps _____ Can't taste/smell _____ Nosebleeds _____</p> <p><b>Ears:</b> Frequent ear infections _____ Ear tubes/fluid _____ Ear pain _____ Hearing loss _____ Speech problems _____</p>	<p><b>Lungs:</b> * Chronic cough _____ * Shortness of breath _____ * Wheezing _____ * Tightness in Chest _____ * If yes, note box below _____  Exercise Intolerance _____ Sputum or Phlegm _____ Pneumonia _____ Bronchitis _____ Frequent Colds _____ Frequent Croup _____</p> <p><b>Throat:</b> Itching _____ Sore throats _____ Throat clearing _____ Bad breath _____ Hoarse voice _____</p>	<p><b>Skin:</b> Eczema _____ Hives (welts) _____ Dry skin _____ Frequent Rashes _____</p> <p><b>Eyes:</b> Redness _____ Tearing _____ Itching _____ Swelling _____</p> <p><b>GI:</b> Heartburn _____ Nausea _____ Vomiting _____ Diarrhea _____ Constipation _____ Greasy fatty stools _____ Difficulty swallowing _____</p>	<p><b>Miscellaneous:</b> Thyroid problems _____ Headaches _____ Irritability _____ Hard to awaken _____ Tires easily _____ Poor weight gain _____ Weight loss _____ Fever _____ Chills _____ Night sweats _____ Joint/muscle problems _____ Fainting/dizzy _____ Depression _____ Anxiety _____ Painful urination _____ Abnormal periods _____ Heart trouble _____ Easy bruising _____</p>
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\* Cough: Waking up in the AM \_\_\_\_\_ Throughout the day \_\_\_\_\_ Awakened at night \_\_\_\_\_  
 With exercise \_\_\_\_\_ Dry and tight \_\_\_\_\_ Productive \_\_\_\_\_  
 How often: daily \_\_\_\_\_ 3 times a week \_\_\_\_\_ once a week \_\_\_\_\_ once a month \_\_\_\_\_

\* Shortness of breath: During exercise \_\_\_\_\_ While resting \_\_\_\_\_ Awakened at night \_\_\_\_\_

\* Wheezing/Chest tightness: With exercise \_\_\_\_\_ Awakened at night \_\_\_\_\_ With colds \_\_\_\_\_

How long have you (the patient) had these symptoms? \_\_\_\_\_ Time missed from school/work in the last year? \_\_\_\_\_

Have you (the patient) ever been treated emergently for an allergic reaction? Y N Explain: \_\_\_\_\_

Have you (the patient) been tested for allergies? Y N What year? \_\_\_\_\_ Findings? \_\_\_\_\_

Have you (the patient) received allergy shots? Y N If yes, did they help? Y N

Do you (the patient) have any problems eating certain foods? Y N If yes, please list: \_\_\_\_\_

Have you ever had an allergic reaction to a stinging insect? Y N If yes, please list \_\_\_\_\_

Which of the following make your symptoms worse?

- |                 |                      |                       |                   |                      |
|-----------------|----------------------|-----------------------|-------------------|----------------------|
| _____ Spring    | _____ Morning        | _____ Smoke           | _____ Indoors     | _____ Dust           |
| _____ Summer    | _____ Afternoon      | _____ Strong odors    | _____ Outdoors    | _____ Mold           |
| _____ Fall      | _____ Evening        | _____ Cold air        | _____ Basement    | _____ Plants/grasses |
| _____ Winter    | _____ While Sleeping | _____ Weather changes | _____ Work/school | _____ Animals        |
| _____ Colds/flu | _____ Exercise       | _____ Wind            | _____ Rain        | _____ Emotions       |

## Medications

List all medications that you are taking. Include those you buy / use without a prescription.

Include dosage and how many times a day you take the medications


**Please bring all of your medications with you to your appointment!!**

Are you allergic to any medications? Y N If yes, list medication(s) and reactions: \_\_\_\_\_

## Past Medical History

Significant childhood illnesses: \_\_\_\_\_

Other medical problems (Diabetes, Heart Disease, Kidney Disease, High Blood Pressure, Arthritis, Cancer, etc) : \_\_\_\_\_

Hospitalizations: Y N If yes, specify and give year: \_\_\_\_\_

Surgeries: Y N If yes, specify and give year: \_\_\_\_\_

Has patient ever had any of the following tests? Indicate year and place done:

Chest X-Ray? \_\_\_\_\_ Sweat test? \_\_\_\_\_ Breathing test? \_\_\_\_\_

Sinus X-rays or CT Scan? \_\_\_\_\_ Cardiac tests (EKG, echo, stress test) \_\_\_\_\_

Do you (the patient) have a history of ?

_____ Asthma	_____ Eczema	_____ Food reactions	_____ Tuberculosis
_____ Hayfever	_____ Rashes	_____ Drug reactions	_____ Migraine headaches
_____ Frequent colds	_____ Hives or swelling	_____ Insect reactions	_____ Bee sting reactions
_____ Sinus infections	_____ Skin infections	_____ Croup	_____ Bronchiolitis/RSV
_____ Ear infections	_____ Pneumonia	_____ Bronchitis	_____ Latex Allergy

Are any of these recurring? N Y Explain: \_\_\_\_\_

Immunizations:

Are your (the patient) immunizations up-to-date? Y N Do you receive an annual flu vaccine? Y N

Have you had (a): Pneumonia shot? Y N TB Skin Test: Y N Chicken Pox? Y N

Birth History : Birth weight \_\_\_\_\_ Complications? \_\_\_\_\_

**As an infant** did you (the patient) have: Colic \_\_\_\_\_ Eczema \_\_\_\_\_ Many formula changes \_\_\_\_\_

Breathing problems \_\_\_\_\_ Any adverse reactions to immunizations \_\_\_\_\_ Constant runny nose \_\_\_\_\_

**Family History**

Mother: Age if living \_\_\_\_\_ Good Health / Medical Problems: \_\_\_\_\_  
 Age at death \_\_\_\_\_ cause of death \_\_\_\_\_

Father: Age if living \_\_\_\_\_ Good Health / Medical Problems: \_\_\_\_\_  
 Age at death \_\_\_\_\_ cause of death \_\_\_\_\_

Please identify if parents (F / M), brother (B), sister (S), children (C) grandparents (GM /GF) have any of the conditions listed:

	Asthma	Hayfever	Eczema	Hives	Sinus Problems
Mother (M)					
Father (F)					
Sibling (S) (B)					
Sibling (S) (B)					
Child (C)					
Child (C)					
G'parent (GM/GF)					

Autoimmune Disease \_\_\_\_\_ Heart Disease \_\_\_\_\_ Emphysema \_\_\_\_\_ Repeated infections \_\_\_\_\_  
 Arthritis \_\_\_\_\_ High Blood Pressure \_\_\_\_\_ COPD \_\_\_\_\_ Cystic Fibrosis \_\_\_\_\_

Does patient have any children? Y N If yes, list ages and any other medical problems \_\_\_\_\_

Does patient have any siblings? Y N If yes, list ages and any other medical problems \_\_\_\_\_

**Environmental History**

Type of home: House Apartment Mobile home Where: Rural City Edge of town

Age of the home? \_\_\_\_\_ Number of years in your present home? \_\_\_\_\_

Heat: Gas furnace Gas fireplace Oil Electric Hot water Wood furnace Wood stove Wood fireplace

Air Conditioning? Y N Central \_\_\_\_\_ Window \_\_\_\_\_ Swamp cooler \_\_\_\_\_ Dehumidifier? Y N

Air Cleaner? Y N What type? \_\_\_\_\_ Humidifier? Y N Do you change the filters regularly? Y N

Home Flooring: (circle all that apply) Wood Carpet Vinyl Tile

Patient's Bedroom: Flooring \_\_\_\_\_ Is it a basement bedroom? Y N

Mattress: How old? \_\_\_\_\_ Encased in an allergy cover? Y N

Pillow: How old? \_\_\_\_\_ Encased in an allergy cover? Y N Synthetic / Feather

Stuffed animals? Y N

Household plants: Y N How many? \_\_\_\_\_ In bedroom? Y N

Indoor pets: Y N Which ones: \_\_\_\_\_

Pets in bedroom: Y N Which ones: \_\_\_\_\_

Do other members of the household smoke? Y N Who: \_\_\_\_\_

Does anyone smoke in the house or car? Y N Who: \_\_\_\_\_

## Occupational / Social History

Place of birth: \_\_\_\_\_ How long have you lived in Western Montana? \_\_\_\_\_

School: Is patient in school? Y N Grade: \_\_\_\_\_ Where? \_\_\_\_\_

Smoking history: Do you (the patient) smoke? Y N Year started: \_\_\_\_\_ #/day: \_\_\_\_\_

Did you smoke in the past? Y N Year quit: \_\_\_\_\_ #/day: \_\_\_\_\_

Does patient use chewing tobacco? Y N \_\_\_\_\_

Does patient drink alcohol regularly? Y N \_\_\_\_\_

Does patient use any illegal drugs? Y N \_\_\_\_\_

Employment: Do you work? Y N Where? \_\_\_\_\_

Gas, dust, chemical or fume exposure: Y N

Past employment exposures: \_\_\_\_\_

Recent travel: Y N If yes, when and where: \_\_\_\_\_

Hobbies: Y N Please list: \_\_\_\_\_

### Complete if the patient is a child:

Childcare: Does patient go to daycare? Y N # of children at daycare: \_\_\_\_\_

Pets at daycare? Y N Which ones: \_\_\_\_\_

Second hand smoke at daycare? Y N

Mother's Name: \_\_\_\_\_ Occupation/Place of Employment: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Occupation/Place of employment: \_\_\_\_\_

Circle the answers that best describe your family.

My natural parents are: married not married divorced widowed remarried

If parents do not live in the same household, how much time is spent with each parent? \_\_\_\_\_

# of siblings: \_\_\_\_\_

Additional notes or concerns:

Thank you for taking time to complete this form.





Map of:  
**900 N Orange St**  
Missoula, MT 59802-2998

Notes

From Interstate 90 take the Orange St. exit. We are located immediately on the left next to the Providence Surgery Center. From South of Missoula, take Hwy 93 to Stephens Ave. Go left at the light onto Stephens Ave. Stephens becomes Orange St. Continue on Orange St under the underpass. We are on the right.



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